

VOLUNTEER OPPORTUNITIES

Please review and determine the activities you might like to participate in. Check below and return with application.

EDUCATION/CAREER DEVELOPMENT

_____ Computer Attendant

_____ Tutoring

_____ Technical Assistant

_____ Career Day Speaker

_____ Coordinator – Career Speakers

_____ Educational Program for
Adults or Children

Subject _____

RECREATION/FITNESS

_____ Coordinate kids' outdoor/indoor games during family picnics/events

_____ Officiate games for different events

_____ Teach a "SPIN" Class

_____ Coordinate "Bingo" nights

_____ "Host" Bingo nights

_____ Teach a fitness class – What? _____

_____ Assist with Fitness Program

_____ Recruit a fitness
expert

_____ Coordinate Board Game activities

_____ Lead a senior fitness class

_____ Coordinate
basketball "rentals"

THE ARTS

_____ Assist with Poetry Contest

_____ Conduct poetry
workshop

_____ Coordinate an arts & crafts program

_____ Instructor: painting

_____ Instructor: photography

_____ Instructor: Music

_____ Assist with art displays

_____ Be a Guest Artist

_____ Assist with “arts” events (fashion shows, performances, etc.)

_____ Create quilting group

_____ Create knitting group

HEALTH/WELLNESS/LIFE SKILLS

_____ Teach – Financial Planning

_____ Coordinate delivery of services from TCHealth/TRHospital/Other

_____ Coordinate educational presentations by Police, Fire Dept, etc.

_____ Teach “Healthy Cooking” or other “Kitchen Class” Topic: _____

HISTORY

_____ Cultural Center Tour Guide

_____ Storyteller

_____ Library Assistant

_____ Work on Black History events

_____ Assist with rotation of historical displays

GARDENING

_____ Member – Carver Garden Club

_____ Assist with outdoor “Clean-up” Days

_____ Grounds planting & maintenance

_____ Assist with care/upkeep of Cooper’s Cemetery/Rosenwald Signs

GENERAL CENTER SUPPORT

_____ Member – a special event committee

_____ Assist with special events

_____ General Office Assistant

_____ Set-up/take-down for large events

_____ "On Call" Volunteer

_____ "Jack of all Trades" – small projects

_____ Greeter/Coordinator at monthly community meetings or events

_____ Assistant: Kitchen cooking/clean up

Volunteer opportunities are certainly not limited to those on this list. If you have a special talent to share or interest to pursue, please contact the Volunteer Coordinator. The MCJCC offerings will always be changing and growing, so maybe you can help make that happen!

AVAILABILITY

This information will help us determine the best day/times for you to do volunteer work.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday*
Time(s) Available						

*Saturday activities should increase as the program offerings grow.

TIME COMMITMENT

Time preferred:

_____ One time

_____ Up to 3 months

_____ Up to 6 months

_____ Up to 9 months

_____ Up to 1 year

_____ Other _____

Willingness to participate....?

_____ Daily

_____ Weekly

_____ Monthly

_____ Other _____